Clarion Futures *Lend an Ear* programme

**Interest & Referral Form**

Please complete this referral form if you have identified a Clarion Resident who you believe would benefit from a regular meeting with a befriender volunteer.

Please complete in discussion with the resident, however, please let them know that it might take a few weeks for us to identify a good match for them and that they can withdraw their interest at any stage.

**Please note that all information supplied will be treated as confidential**

Clarion Futures - Volunteering Service

Resident’s name: Click here to enter text.

Resident’s Telephone Number/email:Click here to enter text.

Referrer name: Click here to enter text.

Scheme/Project name: Click here to enter text. Borough/Postcode: Click here to enter text.

**Please let us know what days and times you are mostly available to meet the befriending volunteer:**

Click here to enter text.

The information provided on this form will help us to identify the most suitable befriender. A shared interest is a great starting point for many relationships so please tick any boxes below that apply:

|  |  |  |
| --- | --- | --- |
| Books/Newspapers | Sport (watching/playing) | Cooking or eating out |
| Film/TV | Local History | Walking/exercise |
| Drama/Theatre | Drawing/painting | Religious observance |
| Politics | Music/singing | Dancing |
| Games (Cards, bingo, etc.) | Gardening/Growing food | Collecting |

Other interests - Click here to enter text.

We encourage you to keep an open mind about who you would want to be matched with, however, we do understand that some people may have a strong preference for a particular kind of person. If that is the case please indicate below.

Click here to enter text.

**Reason(s) for referral:** Click here to enter text.

**What do you hope the Befriending Service involvement will achieve? Please underline the top three that most apply:**

1. Reduced feelings of Isolation
2. Reduced feelings of anxiety
3. Improved levels of wellbeing
4. Improved levels of self - esteem/confidence
5. Improved quality of life
6. Increased independence
7. Increased social links
8. Companionship

**Is there anything else we should know?** Click here to enter text.

Thank you for completing these questions, please return to [volunteering@clarionhg.com](mailto:volunteering@clarionhg.com)

*To be completed by The Volunteering Service*

Date ‘Referral’ received: Click here to enter a date. Date first meeting: Click here to enter a date.